

APRIL 2019

എക്കോലിസ്
ഈ ലക്കം മുതൽ
ഇംഗ്ലീഷ് ഭാഷയിൽ
എന്നായിരിക്കും

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A QUARTERLY BULLETIN OF LISIE MEDICAL AND EDUCATIONAL INSTITUTIONS



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FROM THE DIRECTOR'S DESK

Greetings.

This is the season of Lent. Lent is the period which comes before Easter in the Christian calendar. It is a period of self reflection, moderation and discipline.

All religions have their own season of prayer, penance and repentance. Basically, the idea is to bring about a change in attitude, mindset, or break our bad habits and become a better human being, better than yesterday.

A number of people visit our hospital every day, but it is only when our relative or friend or a VIP arrives, that we go into a frenzy to help them out. But we should also remember that we are here to serve people irrespective of caste, creed, race, religion, gender, socioeconomic status.

Can we love the poor, the orphans, the marginalized or in other words the vulnerable section of society who have no voice? Can we help a patient get a wheel chair even though we do not know the person?

Can we redirect an illiterate patient to the correct place though he or she is unknown to us? Can we be more patient towards the deaf, old and terminally ill?

Can we be kind and considerate to all the people around without labeling them and help them with proper information?

Can we be the hope and light?

Can we be the good news of GOD's love in action?

*"Kindness is the language which the Deaf can hear and the blind can see".
Happy Easter.....*

Fr Thomas Vaikathuparambil
Director, Lisie Institutions

LEADER - IS TO LEAD



The teachers training program was conducted on 16 March 2019 at the Training Hall, Lisie Hospital, for all the faculty of Lisie Medical and Educational Institutions. It started with a prayer by Mrs Sharon Rachel Mathews, Assistant Professor, Lisie College of MLT followed by welcome address by Dr Shabeer S Iqbal, Principal, Lisie College of Allied Health Sciences. Rev Fr Jerry Njaliath, Assistant Director, Lisie Medical and Educational Institutions delivered the inaugural address and inaugurated the function. The Key note address was by Prof Dr Usha Marath, Principal, Lisie College of Nursing, emphasizing the role of teachers as Leaders. Dr Thomas P Thomas, Principal, Vijayagiri Public School, Thrissur, and the resource person of the day, lead the training session on the topic "Leader - is to Lead". The interactive and training session came to an end with Rev Fr Thomas Vaikathuparambil, Director, Lisie Medical and Educational Institutions honoring Dr John Joseph, Principal, Lisie College of Pharmacy and Dr Sony Jacob K, Assistant Professor, Lisie College of Pharmacy, for being awarded with PhD in Pharmacy. The program was wrapped up with the vote of thanks by Dr Jinu Issac, Professor, Lisie College of Pharmacy.

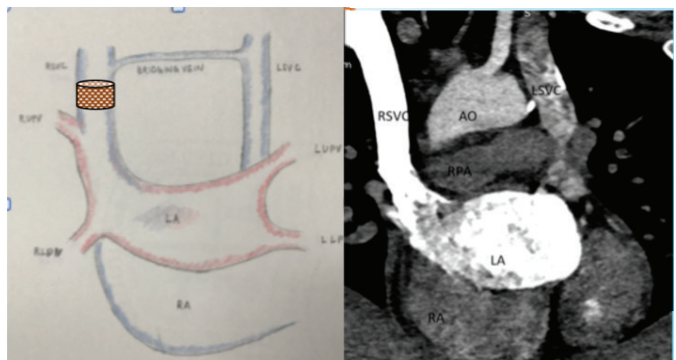


Transcatheter cure for a cyanotic heart disease



Dr Edwin Francis, Dr Jo Joseph & Dr Annu Jose celebrating their success at Cathlab

A 36 year old man was diagnosed to have a rare cyanotic heart disease while being evaluated for cerebral abscess. He had bilateral superior vena cava, with the right superior vena cava draining into the left atrium. The right upper pulmonary vein was also entering the right superior vena cava. Was advised surgical correction at all places he consulted. On analysis of the CT thorax, we found a small bridging vein between the RSVC and the LSVC. Hence we put a vascular plug in the right SVC in such a manner that it was placed below the ostium of the bridging vein and above the ostium of the right pulmonary vein, curing his condition. This case was selected for oral presentation (>1000 abstracts submitted) at India Live Conference, Mumbai along with another 4 more from Cardiology Department. Six best papers (two from our department) were short listed from 100 oral presentations for award in the final day and this one was given third prize.





As part of community health nursing, the fourth year BSc nursing students of Lisie College of Nursing conducted a HEALTH CAMP on 19 February 2019 at the house of Mrs Mini Paul (Ward member, 2nd ward, Mulavukadu Grama Panchayat) at 3.00 pm. Around 105 people attended the camp and their weight, blood pressure and blood sugar were checked. The camp was inaugurated by Mrs Mini Paul. There was a brief health talk regarding 'Nutritional disorders and Non communicable diseases' by the students. The camp came to an end by 5.30 pm.



Nutritional Program



The fourth year BSc nursing students of Lisie College of Nursing conducted a 'Nutritional Program' on 19 February 2019 at the house of Mrs Mini Paul (Ward member, 2nd ward, Mulavukadu Grama Panchayat). The students were divided into seven groups and they were asked to prepare the nutritious food items for each age group. The program was inaugurated by Mrs Mini Paul. Around 110 members from the community participated in the program. Each group presented the nutritive values and method of preparation of the food they had prepared. By 5.30 pm the program came to an end. The program was planned and organized under the guidance of Rev Sr Renjitha CSN and Mrs Priya Elizabeth, Faculty, Department of Community Health Nursing, Lisie College of Nursing.

Congratulations Dr Terry



Indian Dental Association has adjudged Dr Terry Thomas Edathotty as the Best President among its branch presidents in India in the recently held national IDA conference at Indore on 18 January 2019. He was also chosen as the best IDA branch president of Kerala in 2018. Dr Terry is an Orthodontist who is practicing in the Department of Dental Science, Lisie Hospital since 2015.



Lamp lighting ceremony of 57th batch GNM batch of Lisie School of Nursing was conducted on 23 January 2019 in main auditorium of Lisie hospital at 2.30 pm. The function started by invoking the blessing of the Lord by the students. Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions warmly greeted the guests and newly joined students and formerly welcomed all the dignitaries and members to the function. Presidential address was delivered by Rev Fr Thomas Vaikathuparambil, Director, Lisie Medical and Educational Institutions and the inaugural address was by His Excellency Mar Jose Puthenveetil, Auxiliary Bishop, Archdiocese of Ernakulam – Angamaly. Rev Sr Fincy CMC, Principal, Lisie School of Nursing and Rev Sr Anslem CSC, Nurse Manager, Lisie Hospital lighted lamp for the first year students which signified a new beginning in their life with dedication and love that echoed in the nurses' pledge which they recited as it was led by Sr Fincy CMC. Thereafter certificates and cash prizes were distributed to the students who secured the highest in academic and clinical performance. Dr Babu Francis, Medical Superintendent, Lisie Hospital, felicitated the students and the program ended with vote of thanks proposed by Ms Sherin Maria Saju, First year GNM Student which was followed by Lisie Anthem.



World Kidney Day 2019



World kidney Day 2019 organized by Lisie Dialysis Unit was celebrated on 14 March 2019. Rev Fr Ajo Moothedan, Assistant Director, Lisie Medical and Educational Institutions delivered the presidential address. The program was inaugurated by Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions. Dr Babu Francis, Medical Superintendent and HOD, Department of Nephrology, Lisie Hospital gave an awareness talk on the theme 'Kidney Health for Everyone Everywhere'. Dr Jose P Paul, Senior Consultant, Department of Nephrology and Rev Sr Anslem CSC, Nurse Manager, Lisie Hospital felicitated the gathering. Program came to an end with a signature campaign and chart presentation.





Kochi: "If I can get a matching heart, I am ready for a second transplant". These were the words of Mr Girish Kumar who was admitted in Cardiac ICU 5 years back and these words are still echoing in the ears of Dr Jose Chacko Periappuram. Getting a matching heart for transplantation is not in the control of anyone. All Girish had asked the medical team was to take up a major challenge of Heart Re-transplantation which was not dared by a team in India at that time.

Mr Girish Kumar who is an IT professional of Wipro, Bangalore at the age of 38 years had his first Heart Transplantation at Lisie Hospital. He was then suffering from Dilated Cardiomyopathy where the heart muscles loses its elasticity and slowly gets ballooned out. He was also suffering from Ankylosing Spondylitis and had a hip joint replacement 8 months after the first transplantation. In another 3 months he developed infection of one of the heart valves and was admitted to Lisie Hospital in a serious condition.



During his hospital stay, due to ongoing infection of the valve, he had a cardiac arrest and was revived after one hour of aggressive resuscitation by the multidisciplinary team. The seriousness of the situation was explained to Girish and his relatives. The two options left was either a valve replacement, which again has a very high risk of infection or a Heart Re-Transplantation. Girish himself did a study on this on internet and decided to go for Heart Re-Transplantation. He again had a second cardiac arrest the next day while he was in the ICU



and was revived after an hour and a half of CPR. To a great surprise, four hours after this Lisie Hospital transplant Co-Ordinator received a message from KNOS (Kerala Network of Organ Sharing) about a potential donor in Lakeshore who had sustained severe and irreversible brain injury in an accident. A team from Lisie Hospital went to Lakeshore hospital and assessed the functions of the donor heart and was found to be matching for Girish. The organ harvesting process was initiated, the re-transplantation surgery lasted for more than 10 hours. Getting a heart from a donor of the same group, matching body size, at the nick of time needs nothing other than a divine intervention. Heart Re-transplantation is a rare and challenging procedure as per the world statistics. Dr Rony Mathew, Dr Jacob Abraham, Dr Jo Joseph, Dr Bhaskar Ranganathan, Dr Jeevesh John Thomas, Dr Simon, Dr Job Wilson,



Dr Grace Maria George and Dr Antony George were part of surgery and postoperative care. Recently Girish has undergone a surgery for kidney stone. He is a real fighter who has gone through several health issues requiring very challenging and highly invasive procedures and medications but he has faced all these with utmost courage and his fighting mentality was the most important driving force. At the same time he continues to work in IT field with utmost sincerity. He can be compared to the courageous wing commander who has chased and shot down an F16 fighter aircraft. Prominent Cine Actor Jayasurya was present at the function. Assistant directors Fr Ajo Moothedan, Fr Jerry Njاليath, Fr Anto Chalissery, Fr Joseph Makathokkattu, Dr Babu Francis, doctors and staff were present for the function.



The World Oncology Day Program was conducted on 4 February 2019 by second year BSc Nursing students of Lisie College of Nursing. The program was held in the reception area of the Lisie Hospital at 9.00 am. Ms Katherin Sunny, 2nd year BSc Nursing student welcomed the gathering. Inauguration and Theme release were done by Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions. Keynote address was delivered by Dr Ashok S Komaranchath, Consultant, Department of Oncology, Lisie Hospital, who enlightened on the theme 'I am and I will.' Dr Arun Peter Mathew, Consultant, Department of Surgical Oncology, Lisie Hospital, created



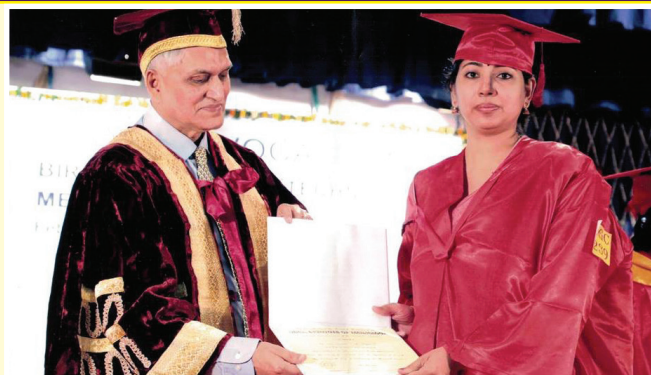
awareness about Cancer through his talk. Mrs Jasmine Joseph, Assistant Professor, Department of Medical Surgical Nursing, Lisie College of Nursing, highlighted on cancer care. The official function was followed with a skit by the students on the theme which captured the attention of the public and was very informative. The colorful posters displayed on the day were very attractive and succeeded in disseminating the information to a larger group. The program helped to pass on a clear picture regarding the prevention and management of Cancer to the public. The program concluded with vote of thanks proposed by Ms Christeena Cleetus, 2nd year BSc Nursing student by 10.30 am, which was followed by Lisie Anthem.

Toc H Public School Students Visited Lisie Emergency Department

Toc H Public School, students (Class-IX) visited Lisie Emergency Department for their study purpose on 5 February 2019. Dr Dhanika Suresh, Consultant, Emergency Medicine, was the in charge of the class.



Congratulations, Dr Sony Jacob K (M Pharm, PhD)



Mrs Sony Jacob K, Assistant Professor, Lisie College of Pharmacy has been awarded with Doctor of Philosophy Degree (PhD) in Pharmacy, by Birla Institute of Technology, Ranchi, on 27 February 2019 for her thesis entitled "Synthesis and Study of Newer Pyrazole Analogs" submitted under the guidance of Prof Dr Swastika Ganguly, Department of Pharmaceutical Sciences and Technology, Birla Institute of Technology, Ranchi. with UGC Senior Research Fellowship. Dr Sony Jacob K is an alumina of Lisie College of Pharmacy (2002).



Physical medicine and rehabilitation (PM&R), also known as Physiatry, or rehabilitation medicine, is a branch of medicine that aims to enhance and restore functional ability and quality of life to those with physical impairments or disabilities.

Rehabilitation is a teamwork to improve the quality of life of persons with various impairments. Occupational Therapy plays an integral role in starting a successful rehabilitation process.

Occupational Therapy (OT) is a health discipline that aims at enabling individuals with physical/mental impairments to perform their daily living tasks independently. It helps to restore lost or diminished abilities and makes it possible for an individual to participate in meaningful and



purposeful activities thereby bringing about a sense of achievement. The three occupations in a person's life are self care, work and leisure. An OTs assesses the balance of those three occupations in their patient's life.

Occupational Therapy's holistic approach focuses on client's goals to integrate occupation-based activity into the rehabilitation process. OT services should be initiated when a client is unable to return to the activities they value. Access to OT is based on client's ability to do the things they need and want to do, regardless of the type and severity of the injury. Early and



timely access to OT is important to ensure the best outcome for any client.

The OT process involves an objective, assessment of a client's functional ability, and the requirements of their daily activities. If an injury prevents an individual from participating in the things they need and want to do, to the extent that they did prior to sustaining an injury, OT treatment is recommended. Once initiated, OT-led interventions are ideal for helping individuals overcome these changes to maximize their participation in their daily activities as well as optimize their quality of life.



Both Physiotherapy and Occupational Therapy are parallel wheels of rehabilitation and go hand in hand. For example, for a physiotherapist, curing a patient who has suffered an accident would be to make him walk again on his/her feet, but for an OTst, we not only ensure functional mobility of a person to be able to walk again but also complete their regular day-to-day activities. This needs coordination, balance and cognition on our part to ensure that the patient can perform their objectives normally and with ease. An OT treats a patient in areas where their performance is lacking and incorporates or translates that performance into his/her functional achievements and then helps him/her to re-integrate into the society.



College of Medical Laboratory Technology of Lisie Medical and Educational Institutions, Ernakulam conducted a training class for BSc MLT, DMLT students and faculty on the topic "Basic Life Support (BLS)" on 6 March 2019 at the Lisie Nursing College seminar hall. It started at 9.00 am with a welcome speech by Dr Shabeer S Iqbal, Principal, College of MLT. Dr Dhanika Suresh, Consultant, Emergency Medicine, Lisie Hospital was the resource person for the training, which included both theory and practical sessions. A demonstration of CPR was done among the students. As a token of appreciation a memento was given to Dr Dhanika by the college. Rev Fr Jery Njaliath felicitated the gathering. The program ended by 11.00 am with a vote of thanks by Dr Deepa R, Asst Prof, College of MLT.

STEWARDSHIP- A WAY OF LIFE



Lisie Medical and Educational Institutions have selected 'STEWARDSHIP' as this year's theme. Based on this a poster competition for the students of all educational institutions was held on 20 March 2019. The theme for competition was 'STEWARDSHIP'. The total allotted time was one week and there were 28 groups, out of which 25 groups took part in the competition. On 20 March 2019 the students from each group gathered near Lisie Reception and presented their posters. All the students showed their creative and artistic skills through this. The judges of the competition were Dr Vivin Abraham, Consultant Paediatrics, Dr Sandeep Tandel, General surgeon, and Fr Juby Kalathiparambil, Sathyadeepam. The decision regarding the winners was made on the basis of the certain set criteria. The following groups bagged the first, second, and third position in the poster competition:

FOUNDERS DAY, 20 FEB 2019



Special Mass on the Founder's Day at Lisie Hospital

- Team no. 10- Ms. Denna & Team- MLT 1st year.
- Team no.26- Ms. Ancy Sebastian & Team – GNM 1st Year
- Team no.23- Ms. Aiswarya & Team- BSc Nursing 1st Year



*Founders
Day 2019*

Lisie family is greatly indebted to
His Eminence Mar Joseph Cardinal Parecattil,
Founder Patron of Lisie Institutions,
for his vision and far sight.





Department of paediatrics observed the World Tuberculosis Day focusing on this year's theme 'IT'S TIME'. A gathering of patients and bystanders was held in the paediatric ward and an interactive session was conducted by Dr Hima Mathews, Consultant Pediatrics, Lisie Hospital, during the occasion. Medical Social work trainees enacted a skit highlighting the causes and spread of TB disease. A poster competition for the students also was organized as part of the programme. Dr Jessy Thomas, HOD, Pediatrics, Dr Margaret, Dr Sasidharan and Dr Vivin Abraham also participated in the function.



Medical camp @ Naval Aircraft Yard, Cochin



A Medical camp for the women employees of Naval Aircraft Yard was organized on 8 March 2019 in view of International Women's Day. Day's celebrations were solemnly commenced with a formal function. It was inaugurated by Adv Rekha C Nair, Senior Government Pleader. As soon as the function came to an end, a medical camp for the employees started off with the registration, followed with consultation by doctors from General surgery and Gynecology Departments. Those employees who were found to have some illness were prescribed with medicines, referred for further check up and consultation. As part of the function, Lisie medical team was honored with mementos.





The fourth year BSc Nursing students of Lisie College of Nursing organized 'School health program' at aided A L P School in the second ward of Mulavukad Grama panchayath on 30 January 2019 from 10.00 am to 12.00 pm. The total strength of the school is 57 from LKG to fourth standard. As a part of school health programme 'Education on personal hygiene' was given to the students in the form of a skit and action song. Later head to foot physical assessment was done for all the students.



The chief guest for the programme was Mrs Stella Jayaraj, Headmistress A L P School, Mulavukad. An exhibition of charts regarding personal hygiene was also exhibited during the program. This program was planned and organised under the guidance of Rev Sr Renjitha CSN and Mrs Priya Elizabeth, Faculty Department of Community Health Nursing, Lisie College of Nursing.

First Prize for LCON Students



Lisie College of Nursing (Second year BSc Nursing) students bagged First prize for skit competition conducted by District Medical Office Ernakulam on the occasion of World Tuberculosis Day, 25 March 2019.

Medical Social Work Day



Special awareness program conducted by Lisie Medical Social Work Team based on the theme 'Human Relationships' for the patients in Lisie Hospital.

Blessing of New Room of Clinical Pharmacology



Blessing of new room of Clinical Pharmacology (Pharm D - Doctor of Pharmacy) bestowed by Rev Fr Ajo Moothedan in Cardinal block near Facility and Safety Department on 1 March 2019.

LISIE HOSPITAL
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Mail: contact@lisiehospital.org

DEPARTMENT OF SURGICAL GASTROENTEROLOGY

The Department of Surgical Gastroenterology of Lisie Hospital aims at providing the standard of care in surgical gastroenterology which is affordable to every one. It deals with disorders of the digestive system which includes the esophagus, stomach, small intestine, appendix, colon, anal canal, pancreas, liver, gall bladder and retroperitoneum. The coordination of this department with Medical Gastroenterology, Oncology, Radiotherapy, Radiology, General Surgery, Anesthesia, Pathology and Microbiology helps in providing multidisciplinary care to the patient. The motto of the department is patient oriented, evidence based care at affordable rates.

For Doctors' Appointment, Call
0484 2401141
(7.00 am to 6.30 pm)

www.lisiehospital.org

The following procedures are regularly done in our department:

- LAPAROSCOPIC COLORECTAL SURGERY
- LAPAROSCOPIC BARIATRIC SURGERY FOR OBESITY
- LAPAROSCOPIC PANCREATIC RESECTIONS
- LAPAROSCOPIC HERNIA SURGERY
- LAPAROSCOPIC CHOLECYSTECTOMY AND LIVER RESECTION
- SURGERY FOR ESOPHAGEAL AND STOMACH CANCER
- RADIO FREQUENCY ABLATION FOR LIVER CANCER
- SURGERY FOR ULCERATIVE COLITIS AND CROHN'S DISEASE

Care With Love

For Information
Cardiology: 0484 2401821, 0484 2755305 (9.00 am to 4.00 pm)
Cardiothoracic: 0484 2402732
General Information: 0484 2402044 (24x7)
Emergency Dept & Ambulance: 0484 2755301, 9895796164 (24x7)
Cancer Insurance: 0484 2755386, 0484 2755386 (9.30 am to 5.30 pm)
Gynaecology Emergency: 0484 2755151 (24x7)

Advance Booking Numbers
For Cardiology / Cardiothoracic doctors: 0484 2401821, 0484 2755305 (9.00 am to 4.00 pm)
Health Checkup: 0484 2755099, 9497713386 (9.00 am to 5.00 pm)
Radiology: 0484 2400811, 0484 2755395 (9.00 am to 6.00 pm)

icGreen

Issue date: 12-04-2019

വൃക്കകളെ സംരക്ഷിക്കുക

വൃക്കയും പ്രവർത്തനവും

- ശരീരത്തിലെ വളരെ സങ്കീർണ്ണമായ ജോലികൾ കൈകാര്യം ചെയ്യുന്ന ഒരു അവയവമാണു വൃക്ക
- ഇതിന്റെ പ്രവർത്തനത്തകരാർ ഗുരുതരമായ രോഗാവസ്ഥയ്ക്കും മരണത്തിനും വരെ ഇടയായേക്കാം

വൃക്കയുടെ അടിസ്ഥാനപരമായ ജോലികൾ

- മാലിന്യം പുറന്തള്ളുക
- വെള്ളത്തിന്റെ അളവ്, ദ്രാവകങ്ങൾ, രാസപദാർത്ഥങ്ങൾ ഇവയെല്ലാം നിശ്ചിതമായ അളവിൽ നിയന്ത്രിക്കുക

ഭക്ഷണ ക്രമീകരണം വൃക്ക രോഗത്തെ തടയാൻ എങ്ങനെ സഹായകരമാകുന്നു ?

- വൃക്കരോഗം ഉണ്ടാക്കാനിടയുള്ള രോഗങ്ങളുടെ സാധ്യത കുറയ്ക്കാൻ സഹായിക്കുന്നു
- പ്രമേഹം, രക്ത സമ്മർദ്ദം എന്നീ അസുഖങ്ങളുടെ ഫലമായി വരുന്ന വൃക്കരോഗത്തെ തടയാൻ സഹായിക്കുന്നു
- വൃക്ക രോഗം മുർച്ഛിക്കുന്നത് തടഞ്ഞു ഡയാലിസിസ് എന്ന അവസ്ഥയിലെത്തുന്നത് വൈകിക്കുന്നു
- രക്തത്തിൽ യൂറിയ അടിഞ്ഞു കൂടി രക്തം മലിനമാകാതെ തടയുന്നു

ഭക്ഷണ ക്രമീകരണത്തിൽ വൃക്ക രോഗികൾക്ക് നൽകുന്ന നിർദ്ദേശങ്ങൾ എന്തൊക്കെ ?

- പ്രോട്ടീൻ 0.8 gm/kg of body weight എന്ന അളവിൽ മാത്രം ഉപയോഗിക്കുക
- ഉപ്പ്, പഞ്ചസാര ഇവ ഭക്ഷണത്തിൽ നിയന്ത്രിക്കുക
- കഴിവതും പ്രോട്ടീൻ അടങ്ങിയ മാംസാഹാരം ഒഴിവാക്കി പച്ചക്കറികൾ ഉപയോഗിക്കുക

ശരീരത്തിലെ ജലം അമിതമാണ് എന്നതിന്റെ സൂചനകൾ എന്തെല്ലാം ?

- വയറിലെ നീര്
- തുക്കം കൂടുക
- ശരീരത്തിന്റെ മറ്റു ഭാഗങ്ങളിലുള്ള നീര്
- ശ്വാസം മുട്ട്

പ്രായോഗിക നിർദ്ദേശങ്ങൾ

- നീരുള്ള അവസ്ഥയിൽ വെള്ളത്തിന്റെ അളവ് കുറയ്ക്കുക
- ഭക്ഷണ മേശയിൽ വെച്ച് ഉപ്പ് ചേർക്കാതിരിക്കുക
- ഉപ്പില്ലാതെ ഭക്ഷണം പാകം ചെയ്ത ശേഷം ഉപ്പ് ചേർക്കുക
- പൊട്ടാസിയം അധികമുള്ള പച്ചക്കറികൾ വേവിച്ച വെള്ളം കളഞ്ഞതിന് ശേഷം പാകം ചെയ്തു ഉപയോഗിക്കുക
- ഉപ്പിനു പകരം മറ്റു പദാർത്ഥങ്ങൾ ഉപയോഗിക്കരുത്



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Department of Nephrology, Lisie Hospital

Issue Date: 12-03-2019



Lisie College of Pharmacy was established in the year 1977, and is one of the premier subsidiary units of Lisie Medical and Educational Institutions, owned and managed by the Archdiocese of Ernakulam-Angamaly. More than 2000 students have successfully completed D.Pharm course from this institution and are working in various parts of the country as well as abroad. We train Pharmacy students to attain highest degree of professionalism with moral values, social commitment and leadership qualities.

The Institute has an infrastructure consisting of 6000 Sq.m. with state of the art facilities of a modern Educational Institution, provides ample space for curricular, co-curricular and extra-curricular activities. The campus is situated in Vennala High School road and is easily accessible by road and, close to NH bypass road, Pipeline Jn., Palarivattom. B.Pharm course was started in the year 2018. Intake for B.Pharm and D.Pharm is 60 seats each. 50% of seats in both B.Pharm and D.Pharm courses are set apart for students from Christian community. Selection into open merit and community seats will be strictly on merit basis.

Admission starts from 1st June 2019

- **B.Pharm**
- **D.Pharm**



LISIE COLLEGE OF PHARMACY
LISIE MEDICAL AND EDUCATIONAL INSTITUTIONS

*The first Pharmacy College in private
sector in the state of Kerala*

Vennala, Ernakulam, Kochi, Kerala - 682028.

**E-mail: lisiephcol@gmail.com, Website: www.lisiecp.in
Phone: +91 484 2808797, Mobile Phone: +91 9846168636**

Oath Taking Ceremony (LCON)



https://www.facebook.com/139872812853772/photos/?tab=album&album_id=922565287917850

The Oath taking Ceremony of 17th Batch BSc Nursing students was organized on 29 March 2019 at 11 am in Lisie auditorium. The meeting started by invoking the blessings of God by the students. Rev Sr Renjitha Class Coordinator welcomed the gathering. The function was inaugurated by lighting the lamp and delivering the inaugural address by the Rev Fr Thomas Vaikathuparambil Director, Lisie Medical and Educational Institutions. Professor Dr Usha Marath, Principal, Lisie College of Nursing led the students with the Nightingale's pledge. Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions felicitated the students. Mrs Priya Gopi Assistant Class Coordinator expressed thanks to all and the program came to an end with Lisie Anthem.



Congratulations Dr Prema Antony



Congrats to Dr Prema Antony (HOD & Senior Consultant, Anesthesia Dept, Lisie Hospital) for having been elected as the Secretary cum Treasurer of the Indian Society of Anesthesia, Cochin City Branch for the coming year.

Congratulations Dr Amel Antony



Dr Amel Antony (HOD - Senior Consultant, Lisie Institute of Radiology Research and Imaging Services) elected as the Vice President of Indian Radiological and Imaging Association.



Lisie Hospital has taken its initial step towards STEPS (System for TB Elimination in Private Sector) by organizing a training session for all our doctors on 28 March 2019. The trainer was Dr Rakesh P S (WHO Consultant, TB Elimination). 130 doctors attended the session.



IV cannulation certification ceremony



An award event is the perfect platform for bringing out leaders as well as celebrating milestones and individual achievements. Lisie Hospital proudly announced the Infucare Certification ceremony on 27 March 2019. Both the trainers and experts were certified in collaboration with NIPRO medical limited. Mr Aneesh T P, General Manager, Training NIPRO medical care India was the coordinator and trainer of



the 24 hours theory and 3 months practical session from October 2018 to December 2018. Selected nurses from each department attended the training programme. These nurses had in turn trained others staff nurses in their respective areas on IV cannulization.

The certification program commenced with a welcome speech by Rev Sr Anslem CSC, Nurse Manger. Rev Fr Thomas Vaikathuparambil, Director, Lisie Medical and Educational Institutions, Mr T P Aneesh General Manager, NIPRO and Dr Rajeev K, HOD Anesthesia, delivered messages to the Infucare expert team. Fr Thomas Vaikathuparambil thereafter distributed the certificates to all Infucare trainers and experts. Mr T P Aneesh distributed the awards to special trainers from various departments of Lisie Hospital, who contributed valuable sessions on various aspects of IV cannulization. Fr Thomas Vaikathuparambil and Sr Anslem presented memento to Mr Aneesh T P as a token of appreciation. The program concluded with a vote of thanks by Mrs Chithra P B, Nurse Supervisor.



LISIE MEDICAL AND EDUCATIONAL INSTITUTIONS

ECHOLIS 2019

വാചന തീരുന്നില്ല...

നേടൂ.... വായനയിലൂടെ സമ്മാനങ്ങൾ

എക്കോലീസ് ക്വിസ് 2019

Echolis April 2019 ലക്കം മുതൽ ക്വിസ് മത്സരത്തിൽ പങ്കെടുക്കുന്നവർക്ക് ആകർഷകമായ സമ്മാനങ്ങൾ. എല്ലാ ചോദ്യങ്ങൾക്കും ശരിയുത്തരങ്ങൾ അയക്കുന്ന 10 പേരെ നന്നുക്കെടുപ്പിലൂടെയായിരിക്കും തിരഞ്ഞെടുക്കുക. ക്വിസ് മത്സരത്തിനുള്ള ചോദ്യങ്ങൾ അതത് ലക്കത്തെ ആസ്പദമാക്കിയുള്ളവയായിരിക്കും. ലിസി ആശുപത്രിയുടെ ഫെലിഷ്യൽ ഫേസ്ബുക് പേജിൽ ക്വിസ് മത്സരത്തിൽ പങ്കെടുക്കാനുള്ള ലിങ്ക് ലഭ്യമാകുന്നതായിരിക്കും.

This quiz competition is only for Lisie employees

**First International Child Health Summit, Kerala 2019
(25-26 Feb 2019) award for Lisie Hospital
in appreciation of partnership
with Govt of Kerala
in 'Hridyam' for little hearts project.**



Congratz Dr Deepa Revi



Dr Deepa Revi, Associate Professor, Lisie College of Allied Health Sciences have been selected and recognized as a PhD guide by Kerala University of Health sciences. Specialty in multidisciplinary medical science-Area of interests- stem cells, pathology of wound healing, bio engineering, cytogenetics, biochemistry, skin tissue engineering.



ലിസി ആശുപത്രിയുടെ അസിസ്റ്റന്റ് ഡയറക്ടറായി നാലര വർഷത്തോളം സ്മൃതർഹമായ സേവനം ചെയ്ത ബഹുമാനപ്പെട്ട ആന്റോ ചാലിശ്ശേരിയച്ചൻ പുതിയ കർമ്മരംഗത്തേക്ക് സ്ഥലം മാറിപ്പോയി.



ആലുവ വാഴക്കുളം ഉണ്ണി മിശിഹാപ്പള്ളിയുടെ വികാരിയായാണ് മാർച്ച് 9 ന് അച്ഛൻ ചുമതലയേറ്റത്. ലിസിയുടെ ക്വാളിറ്റി വിഭാഗത്തിന്റെ ചുമതലയുള്ള അസി. ഡയറക്ടർ ആയി 2014 ഒക്ടോബർ 12 ന് നിയമിതനായ അച്ഛന്റെ നേതൃത്വത്തിലുള്ള ടീമാണ് ആശുപത്രിക്ക് NABH അക്രഡിറ്റേഷൻ ലഭിക്കുന്നതിനുള്ള പ്രവർത്തനങ്ങൾക്ക് നേതൃത്വം നൽകിയത്.



രായിരത്തോളം പേർ ജോലി ചെയ്യുകയും ആയിരങ്ങൾ പ്രതിദിനം സന്ദർശിക്കുകയും ചെയ്യുന്ന ബ്രഹ്മത്തായ ഒരു സ്ഥാപനത്തെ പരിപൂർണ്ണമായ മികവും നിലവാരവും മാനദണ്ഡങ്ങളായ നാഷണൽ ബോർഡിന്റെ അക്രഡിറ്റേഷനിലേക്ക് നയിക്കുക എന്ന ദഗീരമ പ്രയത്നത്തിനാണ് അച്ഛൻ നേതൃത്വം നൽകിയത്. തീർച്ചയായും അത് അനായാസമായ ഒരു യാത്രയായിരുന്നില്ല.



കഠിനമായ അധ്വാനത്തിലൂടെയും ക്ഷമാപൂർണ്ണമായ പരിശീലനത്തിലൂടെയും പല തലങ്ങളിലുള്ളവരെ ഒരുക്കി അതിലേക്ക് നയിക്കുകയായിരുന്നു. തീക്ഷ്ണമായ സമർപ്പണവും കഠിനാധ്വാനത്തിനുള്ള സന്നദ്ധതയും പ്രസാദാത്മകതയും കൈമുതലായുള്ള അച്ഛൻ അതിനുള്ള നിയോഗം ലഭിച്ചത് വലിയ ദൈവിക പദ്ധതിയുടെ ഭാഗമായി കരുതാവുന്നതാണ്.



പുണ്യരിയോടും സ്നേഹത്തോടും കുടിയുള്ള ഇടപെടലുകളിലൂടെ മഹത്തായ ഒരു സ്ഥാപനത്തിന്റെ ചരിത്രത്താളുകളിലും അനേകരുടെ ഹൃദയത്താളുകളിലും ഒരുപോലെ ഇടം നേടാൻ അച്ഛൻ കഴിഞ്ഞു. പുതിയ കർമ്മരംഗത്തും, തനിക്ക് ദാനമായി ലഭിച്ച സവിശേഷസിദ്ധികളിലൂടെ സുവിശേഷത്തിന്റെ സുഗന്ധം പ്രസരിപ്പിക്കുവാൻ ചാലിശ്ശേരിയച്ചൻ കഴിയട്ടെ എന്ന് ലിസി കുടുംബം ഒന്നായി പ്രാർത്ഥിക്കുന്നു.



Farewell greetings to our Beloved



Fr Anto Chalisery
Asst Director, Lisie Hospital
(From 12-10-2014 to 08-03-2019)



Dr George Varghese
Consultant
Radiology



Dr Janaki Dutt
EMO
Emergency Medicine

Welcome to Lisie Family



Dr Jophy Varghese
Consultant
Pathology



**Dr Lekshmi Suseela
Venugopal**
CMO
Emergency Medicine



**Dr Muhammed
Suneer P P**
EMO
Emergency Medicine



Sr Jancy Grace CMC
Staff Nurse
Ortho Ward



Sr Theresa CSN
Staff Nurse
Surgery Ward

Health Awareness Days

April

- 2 World Autism Awareness Day
- 7 World Health Day
- 11 World Parkinson Day
- 13 International Functional Neurological Disorder Awareness Day
- 17 World Hemophilia Day
- 22 International Mother Earth Day
- 24 World Meningitis Day
- 25 World Malaria Day
- 28 World Day for Safety and Health at Work Place
- 24 -30 World Immunization Week

May

- 5 World Hand Hygiene Day
- 5 World Asthma Day
- 8 World Thalassemia Day
- 12 International Nurses Day
- 17 World Hypertension Day
- 19 World Hepatitis Day
- 20 World Autoimmune Arthritis Day
- 23 International Day to End Obstetric Fistula
- 30 World Multiple Sclerosis Day
- 31 World No Tobacco Day

June

- 5 World Environment Day
- 12 World Day Against Child Labor
- 13 International Albinism Awareness Day
- 14 World Blood Donor Day
- 15 World Elder Abuse Awareness Day
- 19 World Sickle Cell Day
- 21 International Day of Yoga
- 23-29 Helen Keller Deaf-Blind Awareness Week
- 26 International Day against Drug Abuse and Illegal Trafficking

LISIE HOSPITAL, ERNAKULAM

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വിവിധ ചികിത്സാ വിഭാഗങ്ങളും ഒ. പി. ദിവസങ്ങളും

ജനറൽ മെഡിസിൻ

1. ഡോ. ടി.കെ. ജോസഫ് (തിങ്കൾ - ശനി)
2. ഡോ. അരുൺ എ.കെ (തിങ്കൾ - ശനി)
3. ഡോ. എ.പി. ജോണി (തിങ്കൾ - ശനി)
4. ഡോ. ജോർജ്ജ് സേവ്യർ (തിങ്കൾ - ശനി)
5. ഡോ. അടിലാഷ് ചാക്കോ (തിങ്കൾ - ശനി)
6. ഡോ. എബിൻ ജെ. കുളങ്ങര (തിങ്കൾ - ശനി)
7. ഡോ. അനി തമ്പി (തിങ്കൾ - ശനി)

ഡയബറ്റോളജി വിഭാഗം (പ്രമേഹ രോഗ ചികിത്സാ വിഭാഗം)

1. ഡോ. ജോർജ്ജ് പൗലോസ് (തിങ്കൾ - ശനി)
2. ഡോ. ബെറ്റസി ആനി കോശി (തിങ്കൾ - ശനി)

എൻഡോക്രൈനോളജി, ഡയബറ്റിസ് & ഹൈപ്പോളിസം

1. ഡോ. സോനാ സുസൻ എബ്രഹാം (തിങ്കൾ - ശനി, 10.00 to 3.00 pm)

പാർമനോളജി (ശ്വാസകോശ രോഗ വിഭാഗം)

1. ഡോ. പരമേശ് എ. ആർ. (തിങ്കൾ - ശനി)
2. ഡോ. തോമസ് കുര്യൻ (തിങ്കൾ - ശനി)

ജനറൽ സർജറി വിഭാഗം (ശസ്ത്രക്രിയ വിഭാഗം)

1. ഡോ. ജോയ് മാമ്പിള്ളി (ചൊവ്വ, വ്യാഴം, ശനി)
2. ഡോ. പൗലോസ് ജേക്കബ് (ചൊവ്വ, വ്യാഴം, ശനി)
3. ഡോ. സന്ദീപ് ജനാർദ്ദൻ (തിങ്കൾ, ബുധൻ, വെള്ളി)

ഡെർമറ്റോളജി (തുക രോഗ വിഭാഗം)

1. ഡോ. സോമൻ പിറ്റർ (തിങ്കൾ, ചൊവ്വ, വ്യാഴം, വെള്ളി, ശനി)

ഓഫ്താൽമോളജി (നേത്ര രോഗ വിഭാഗം)

1. ഡോ. ലതാ മാത്യു (തിങ്കൾ to വ്യാഴം & ശനി)

ഇ.എൻ.ടി. (ചെവി, മുക്ക്, തൊണ്ട വിഭാഗം)

1. ഡോ. റീന വർഗ്ഗീസ് (ചൊവ്വ, വ്യാഴം, ശനി)
2. ഡോ. ഫ്രാങ്കി ജോസ് (തിങ്കൾ, ബുധൻ, വെള്ളി)
3. ഡോ. ദിവ്യ മോഹൻ വി. (ചൊവ്വ, വ്യാഴം, ശനി)
4. ഡോ. ജോസഫ് മാത്യു (തിങ്കൾ, ബുധൻ, വെള്ളി)
5. ഡോ. ജെറീൻ എബ്രഹേമസർ (തിങ്കൾ, ബുധൻ, വെള്ളി)

ഓർത്തോപീഡിയക്സ് (അസ്ഥി രോഗ വിഭാഗം)

1. ഡോ. കെ. രാജാറാം (ചൊവ്വ, വ്യാഴം, ശനി)
2. ഡോ. സുരേഷ് പോൾ (തിങ്കൾ, ബുധൻ, വെള്ളി)
3. ഡോ. ബിജു പി. എ. (ചൊവ്വ, വ്യാഴം, ശനി)
4. ഡോ. അജിത് ജോസ് (തിങ്കൾ, ബുധൻ, വെള്ളി)

സൈക്യാട്രി (മാനസിക രോഗ വിഭാഗം)

1. ഡോ. കുര്യൻ തോമസ് (തിങ്കൾ - ശനി After 4 pm)

ഗ്ലാസ്ട്രോ എൻഡോളജി (ഉരൾ രോഗ വിഭാഗം)

1. ഡോ. ജോണി സിറിയക് (തിങ്കൾ - ശനി)
2. ഡോ. തോമസ് ജെയിംസ് (തിങ്കൾ - ശനി)

ഗ്ലാസ്ട്രോ ഇൻഡ്രിനൽ സർജറി വിഭാഗം

1. ഡോ. ബൈജു കുണ്ടരി (തിങ്കൾ - ശനി)
2. ഡോ. മനോ സാഹ് മാത്യുസ് (തിങ്കൾ - ശനി)

നെഫ്രോളജി (വൃക്ക രോഗ വിഭാഗം)

1. ഡോ. ബാബു ഫ്രാൻസിസ് (തിങ്കൾ - വെള്ളി)
2. ഡോ. ജോസ് പി. പോൾ (തിങ്കൾ - വെള്ളി)

നൂറോളജി (മസ്തിഷ്ക രോഗ വിഭാഗം)

1. ഡോ. അരുൺ കുമാർ എ. എൽ. (തിങ്കൾ - ശനി)
2. ഡോ. ബി. ബിനു (തിങ്കൾ - ശനി)
3. ഡോ. ജോൺ ജെ. വൈദ്യ (തിങ്കൾ - ശനി)

നൂറോ സർജറി (മസ്തിഷ്ക രോഗ വിഭാഗം)

1. ഡോ. കോശി ജോർജ്ജ് (തിങ്കൾ - വ്യാഴം)
2. ഡോ. ബി. ശ്യാം (ചൊവ്വ, വെള്ളി)
3. ഡോ. കൃഷ്ണദാസ് (ബുധൻ, ശനി)
4. ഡോ. സന്തോഷ് ജോർജ്ജ് തോമസ് (വ്യാഴം, ശനി)
5. ഡോ. ബിജി ബാഹുലേയൻ (തിങ്കൾ, ബുധൻ)

ഹിസ്റ്റോളജി & റീഫറൻസ് ലാബ്

1. ഡോ. സി. ഷീജ (ഫ്രാൻസിസ് സി. ക്രിസ്റ്റിൻ) (തിങ്കൾ - ശനി)

ഡെന്റൽ വിഭാഗം (ദന്ത രോഗ വിഭാഗം)

1. ഡോ. ബിജി രാജ് (തിങ്കൾ - ശനി)
2. ഡോ. രാജീവ് എസ് (തിങ്കൾ to വ്യാഴം, ശനി)
3. ഡോ. റോസ് കുര്യൻ (തിങ്കൾ - ശനി)
4. ഡോ. ടെറി തോമസ് (വെള്ളി)
5. ഡോ. ഫോമ ഗിൽബർട്ട് (തിങ്കൾ - ശനി)

ഓങ്കോളജി വിഭാഗം

1. ഡോ. ജയശങ്കർ പി. (തിങ്കൾ - ശനി)

സർജിക്കൽ ഓങ്കോളജി വിഭാഗം

1. ഡോ. അരുൺ പിറ്റർ മാത്യു (തിങ്കൾ, ബുധൻ, വെള്ളി)

പീഡിയാട്രിക് വിഭാഗം (ശിശുരോഗ വിഭാഗം)

1. ഡോ. മാർഗരറ്റ് ജോസഫ് (തിങ്കൾ to ശനി am only)
2. ഡോ. ജെജി തോമസ് (തിങ്കൾ - ശനി)
3. ഡോ. ശശിധരൻ പി. യു. (തിങ്കൾ - ശനി)
4. ഡോ. ഫിമ മാത്യുസ് പി. (തിങ്കൾ - ശനി)

നിയോ നെട്രോളജി വിഭാഗം

1. ഡോ. ശിവജി ആർ. ഫാഗ്വെ (തിങ്കൾ - ശനി)
2. ഡോ. വിവിൻ എബ്രഹാം (തിങ്കൾ - ശനി)

ജീവിയോളജി വിഭാഗം

1. ഡോ. റോസക്കുട്ടി മാത്യു (തിങ്കൾ am - ശനി am)
2. ഡോ. സാറാമ്മ ജൂസോ (തിങ്കൾ am - ശനി am)

നൈനക്കോളജി വിഭാഗം

1. ഡോ. എയ്ൻ ഡിസുസ (ചൊവ്വ, വ്യാഴം, ശനി)
2. ഡോ. രമദേവി (തിങ്കൾ, ബുധൻ, വെള്ളി)
3. ഡോ. Sr. റാണി പോൾ (തിങ്കൾ, ബുധൻ, വെള്ളി)
4. ഡോ. സിമി രാജ് ടി. ജെ. (ചൊവ്വ, വ്യാഴം, ശനി)
5. ഡോ. സുമി പി. തമ്പി (ചൊവ്വ, വ്യാഴം, ശനി)
6. ഡോ. വി. അനൂ തോമസ് (തിങ്കൾ, ബുധൻ, വെള്ളി)

തൂറോളജി വിഭാഗം

1. ഡോ. ദാമോദരൻ നമ്പ്യാർ (തിങ്കൾ pm, ബുധൻ, വെള്ളി)
2. ഡോ. വിജു ജോർജ്ജ് (ചൊവ്വ pm, വ്യാഴം, ശനി)
3. ഡോ. തോമസ് പുതുക്കാടൻ (ചൊവ്വ, വെള്ളി)
4. ഡോ. സനിൽ കുമാർ എൻ. കെ. (ബുധൻ, വ്യാഴം)

കാർഡിയോളജി (ഹൃദയരോഗ വിഭാഗം) Booking No. 0484 2401821

1. ഡോ. റോണി മാത്യു കടവിൽ (തിങ്കൾ - വെള്ളി)
2. ഡോ. ജേക്കബ് ജോസഫ് (തിങ്കൾ - വെള്ളി)
3. ഡോ. ജാബിർ അബ്ദുള്ളക്കുട്ടി (തിങ്കൾ - വെള്ളി)
4. ഡോ. ജോ ജോസഫ് (തിങ്കൾ - വെള്ളി)
5. ഡോ. ജിമ്മി ജോർജ്ജ്. (തിങ്കൾ - ശനി)
6. ഡോ. അജിത് കുമാർ കെ. ആർ (തിങ്കൾ am, വ്യാഴം am)

ഇലക്ട്രോ ഫിസിയോളജി

1. ഡോ. അജിത് തച്ചിൽ (തിങ്കൾ - ശനി)

കാർഡിയോക് സർജറി

1. ഡോ. ജോസ് ചാക്കോ പെരിയപ്പുറം (ചൊവ്വ, വെള്ളി)
2. ഡോ. ഭാസ്കർ രത്നാഥൻ (തിങ്കൾ - വെള്ളി)
3. ഡോ. ജിവിഷ് ജോൺ തോമസ് (തിങ്കൾ - വെള്ളി)
4. ഡോ. സൈമൺ ഫിലിപ്പോസ് (തിങ്കൾ - വെള്ളി)

പീഡിയാട്രിക് കാർഡിയോളജി

1. ഡോ. എഡ്വിൻ ഫ്രാൻസിസ് (തിങ്കൾ - ശനി)
2. ഡോ. അനൂ ജോസ് (തിങ്കൾ - ശനി)
3. ഡോ. ബിജേഷ് വി.വി. (ചൊവ്വ, വ്യാഴം)

പീഡിയാട്രിക് കാർഡിയോക് സർജറി

1. ഡോ. തോമസ് മാത്യു (തിങ്കൾ - ശനി)

Advance Booking Numbers

For Doctors' Appointment: 0484 2401141 (7.00 am to 6.30 pm)
For Cardiology / Cardiothoracic doctors: 0484 2401821,
0484 2755305 (8.00 am to 4.00 pm)
Health Checkup: 0484 2755099, 9497713386 (9.00 am to 5.00 pm)
Radiology: 0484 2400811, 0484 2755395 (8.00 am to 6.00 pm)

For Information

Cardiology: 0484 2401821, 0484 2755305 (8.00 am to 4.00 pm)
Cardiothoracic: 9446037302
General Information: 0484 2402044 (24X7)
Emergency Dept & Ambulance: 0484 2755301, 9895756164 (24X7)
Cashless Insurance: 0484 2755386, 0484 2755306 (8.30 am to 5.30 pm)
Gynaecology Emergency: 0484 2755151 (24X7)