

ECHOLIS 2026

A QUARTERLY BULLETIN OF LISIE MEDICAL AND EDUCATIONAL INSTITUTIONS



Environment Friendly



Care with Love

communication@lisiehospital.org

FROM THE DIRECTOR'S DESK

I wish all of you a happy Easter. We celebrate Easter, to commemorate the resurrection of Jesus Christ who brought salvation to the entire humanity. By symbolically washing the feet of His disciples, He gave us two important commands - Love one another and serve all with humility. These two commands have been incorporated by us in our motto "Care with Love". Please strive to let the patients feel the presence of resurrected Christ during their sufferings and stay in the hospital. Just as Jesus brought peace to this world, all of us are duty bound to strive for peace. Let this peace permeate through family, country and the whole world. I am distressed to note the occurrences of wars in different parts of the World. It is noteworthy that the warring countries are developed countries with highly educated communities. Trade, money and ego are the root cause of these wars. As a result of these wars, the world economy is passing through unprecedented uncertainties and innocents are suffering. Even in our kitchens we feel the deleterious effects of war such as rampant shortage of LPG, price hike of essential commodities etc. Let us work together and pray for peace.

At the threshold of the new financial year 2026 – 2027, we are poised to expand our operations by leaps and bounds. **Three important projects** in Lisie Medicity will be completed shortly. 1, **Link Bridge** connecting metro station to Lisie Medicity will enable the patients to visit the hospital by metro in a totally sterile and comfortable environment. 2, **Bridge connecting Perandoor canal road** and Lisie Medicity, 3, **Multilevel car parking facility**. These three projects will solve the parking problems and ease traffic congestion considerably

On 09/04/2026, we once again scripted history by airlifting heart of Ms. Jai Jayakumar from Trivandrum and transplanting it into the body of a 15 year old girl suffering from a serious heart disease, whose only hope for survival was undergoing heart transplant surgery. We congratulate Dr. Jose Chacko Periyapuram and his team of dedicated personnel for their hard work and commendable achievement. So far we have performed 32 heart transplant surgeries. Thus Lisie hospital has become a Center of Excellence for cardiac treatment and beacon of hope for patient suffering from cardiac disease in Keralam. We have also a duty to promote organ donation by creating awareness and dispelling false propaganda which has hindered organ donations.

Hope you have exercised your franchise in the recent State Assembly elections as per the dictates of your conscience, without being influenced by extraneous considerations. Wish all the best to the new Government.

May Lord Jesus Christ shower you and your family with unlimited blessings filled with lots of love happiness and prosperity.

Fr. Dr. Paul Karedan
Managing Director

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ECHO LIS 2026

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പകുത്ത് നൽകിയ ഹൃദയം വീണ്ടും മിടിച്ചു തുടങ്ങി (09 April 2026)

പകുത്ത് നൽകിയ ഹൃദയം വീണ്ടും മിടിച്ചു തുടങ്ങി. മസ്തിഷ്ക മരണം സംഭവിച്ച കിളിമാനൂർ സ്വദേശിയായ ജയി ജയ കുമാറിന്റെ ഹൃദയമാണ് മലപ്പുറം സ്വദേശിയായ 15 കാരിക്ക് പുതു ജീവനേകിയത്.

ലിസി ആശുപത്രിയിൽ ഡോ. ജോസ് ചാക്കോ പെരിയപ്പുറത്തിന്റെ നേതൃത്വത്തിലായിരുന്നു ശസ്ത്രക്രിയ. അഞ്ച് വർഷങ്ങൾക്ക് മുമ്പാണ് കുട്ടിക്ക് ഹൃദയ സംബന്ധമായ തകരാർ ഉണ്ടെന്ന് കണ്ടെത്തിയത്. ഹൃദയത്തിന്റെ വലതു വശത്തെ അറകൾ ക്രമാതീതമായി വികസിക്കുന്ന അസുഖമായിരുന്നു കുട്ടിക്ക് ഉണ്ടായിരുന്നത്. ഹൃദയം മാറ്റിവയ്ക്കലാണ് ഏക പോംവഴിയെന്ന് ഡോക്ടർമാർ പറഞ്ഞതിനെ തുടർന്നാണ് ലിസി ആശുപത്രിയിൽ എത്തിയത്. കഴിഞ്ഞ മാസം സംസ്ഥാന സർക്കാർ സംവിധാനമായ കെ-സോട്ടോയിൽ രജിസ്റ്റർ ചെയ്തതെങ്കിലും വേഗത്തിൽ ഹൃദയം ലഭിക്കുവാൻ സാധ്യത തേടി ചെയ്തെന്നയിലെ ആശുപത്രിയിലേക്ക് പോകുകയായിരുന്നു. ബുധനാഴ്ച രാത്രിയോടെ കെ-സോട്ടോയിൽ നിന്നും അവയവദാനത്തിന്റെ അറിയിപ്പ് ലഭിച്ചതിനെ തുടർന്ന് കുട്ടിയുടെ മാതാപിതാക്കളെ വിവരം അറിയിക്കുകയായിരുന്നു. തുടർന്ന് അവർ വിമാന മാർഗ്ഗം ചെയ്തെന്നയിൽ നിന്നും രാവിലെ ലിസി ആശുപത്രിയിൽ എത്തിച്ചേർന്നു.



വ്യാഴാഴ്ച പുലർച്ചെ നാല്മണിയോടെ ഡോ. ജീവേഷ് തോമസ്, ഡോ. ജോ ജോസഫ്, ഡോ. അരുൺ ജോർജ്ജ് എന്നിവരുടെ നേതൃത്വത്തിലുൾ മെഡിക്കൽ സംഘം തിരുവനന്തപുരത്തേക്ക് പുറപ്പെട്ടു. സംസ്ഥാന സർക്കാർ വാടകക്ക് എടുത്തിരിക്കുന്ന ഹെലികോപ്റ്ററിൽ മെഡിക്കൽ സംഘം ഉച്ചക്ക് 1.45ന് തിരുവനന്തപുരത്ത് നിന്നും ഹൃദയവുമായി പുറപ്പെട്ട് 2.40 ന് ഗ്രാന്റ് ഹയാത്ത് ഹോട്ടലിന്റെ ഹെലിപ്പാടിൽ എത്തിച്ചേരുകയും പോലീസ് സേന ഒരുക്കിയ ഗ്രീൻ കോറിയോറിലൂടെ നാല് മിനിറ്റ് കൊണ്ട് ലിസി ആശുപത്രിയിൽ എത്തി ശസ്ത്രക്രിയ ആരംഭിക്കുകയും ചെയ്തു. 5.30-ഓടെ ഹൃദയം വീണ്ടും സ്പന്ദിച്ചു തുടങ്ങി. 9 മണിയോടെ ശസ്ത്രക്രിയ പൂർത്തിയാക്കി.

ഡോ. ജേക്കബ് എബ്രഹാം, ഡോ. ദാസ്കർ രംഗനാഥൻ, ഡോ. പി. മുരുകൻ, ഡോ.ജോബ് വിൽസൺ, ഡോ.ഗ്രേസ് മരിയ, ഡോ. ആന്റണി ജോർജ്ജ്, ഡോ. ആയിഷ നാസർ, രാജി രമേഷ്, സൗമ്യ സുനീഷ് തുടങ്ങിയവർ ശസ്ത്രക്രിയയിൽ പങ്കാളികളായിരുന്നു. ലിസി ആശുപത്രിയിലെ 32-ാമത്തെ ഹൃദയം മാറ്റിവയ്ക്കൽ ശസ്ത്രക്രിയയായിരുന്നു ഇത്. ഒൻപത് തവണയും വ്യോമ മർദ്ദമാണ് ഹൃദയം എത്തിച്ചത്. പൂർണ്ണമായും സൗജന്യമായിട്ടാണ് ഹെലികോപ്റ്റർ സേവനം സർക്കാർ വിട്ടു നൽകിയത്.



World Hearing Day (03 March 2026)

In observance of World Hearing Day, we proudly organized a meaningful program centered on the theme “From Communities to Classrooms: Hearing Care for All Children.”

The program commenced with a soulful Prayer Song by Ms. Sandra Sarthosh, Patient Relations Executive, followed by a warm and insightful Welcome Speech by Dr. Reena Varghese, HOD & Senior Consultant, Department of ENT, setting the tone for the day.

We were honoured to receive the Presidential Address by Rev. Fr. Reju Kannampuzha, Joint Director, Lisie Hospital, whose inspiring words reinforced our commitment



to compassionate, inclusive, and patient-centred healthcare. The official Theme Release was led by Dr. Megha Krishnan, Consultant, Department of ENT, emphasizing the importance of early identification and intervention in childhood hearing care. A special and enriching session was the spiritual and motivational talk by Rev. Fr. Joseph Karumathy, Spiritual Director, which offered profound reflections on hope, healing, and the power of sound in transforming lives. One of the most touching highlights of the program was the Honouring Ceremony of Post Cochlear Implant

Patients, celebrating their remarkable journeys. This was followed by an interactive session with post cochlear implant patients, where inspiring experiences, challenges, and successes were shared—truly reminding us of the life-changing impact of hearing care. The celebration continued with Cake Cutting and Gift Distribution, spreading joy and smiles all around. The academic component of the program was further enriched by an informative Expert Talk by Ms. Gowri Rajalakshmi, Implant Audiologist, who shared valuable insights on cochlear implant technology, rehabilitation, and long-term outcomes.



The program concluded with a heartfelt Vote of Thanks by Ms. Meenu George, Assistant Manager, Public Relations, expressing sincere gratitude to all dignitaries, speakers, doctors, audiologists, staff members, patients, and organizers who contributed to the success of the event.

Together, we continue to work towards a future where every child has the right to hear, learn, and thrive.



Oppam Camp (25 January 2026)



"OPPAM 2026" Mega Super- speciality Medical Camp organised by Minister P. Rajeev (Minister of Law), at Zamra Convention Centre, Kalamassery on 25 January, 2026 had a number of doctors from hospitals in Ernakulam in attendance to spread their wings of healing and dedication to the public audience of more than 1000+ patients in attendance. The camp aimed at providing comprehensive and holistic medical care to all and also medical awareness and knowledge was shared. It was a huge success with well organised registration, seamless interaction and follow up for all patients and doctors.



Holy Mass and Reception for the Newly Ordained Priests (27 January 2026)



In a spirit of profound joy and spiritual renewal, the Lisie Family gathered on January 27, 2026, to honor the newly ordained priests of the Major Archdiocese of Ernakulam-Angamaly. The day was marked by a solemn Holy Mass at the Main Chapel of Lisie Hospital, followed by a warm community reception and agape at the Lisie Auditorium.

Neonatal Resuscitation Program (31 January 2026)



World Cancer Day (04 February 2026)

In the event of World Cancer Day at Lisie hospital, Kochi a first of its kind in the city initiative, targeting Lung Cancer in chronic smokers was launched. Via this initiative, a LOW DOSE CT scan specifically for the screening of lung cancers, aiming towards early and timely detection and diagnosis and therefore better treatment outcomes will now be a focused diagnostic tool at Lisie Hospital. This hopes to take the ongoing efforts of the Lisie Cancer Centre in early detection of lung cancers to the next level. This would be a collaborative effort by the Department of Pulmonology,





Department of Radiation Oncology and also the Lisie Institute of Radiology Research and Imaging Services (LIRRIS), whose respective Department Heads came forward in a public gathering along with the Director of Lisie Hospital, Dr. Fr. Paul Karedan to formally spread public awareness about the same program.

Heartfelt Adieu to Rev Fathers (31 January 2026)

Rev. Fr. Jetto Thottungal

It is with a profound sense of gratitude and mixed emotions that we bid farewell to Rev. Fr. Jetto Thottungal, our Assistant Director, as he moves to his next chapter of service.

Over the years, Fr. Jetto has been the silent architect behind the physical transformation of our institution. His tenure was marked by a relentless pursuit of excellence in infrastructure, ensuring that our facilities evolved to match the world-class care provided within our walls.

While we will miss his presence and his keen eye for detail, we are certain that his dedication and pastoral care will continue to be a blessing to the parish community of St Michael's Church, Kavil. We thank him for his tireless service, his friendship, and the lasting physical legacy he leaves behind. May the Almighty guide him and bless his future endeavours with peace and fulfilment.



Rev. Fr. Davis Padannackal

A heartfelt note of gratitude to Rev. Fr. Davis Padannackal who served as the Assistant Director of Lisie Hospital from 2024 to 2026. Overseeing the Lisie Medical and Educational Institutions and the departments of IT, Communications, Facility, and Security, Fr. Davis has been instrumental



in modernizing our operations and safeguarding the future of our academic and clinical standards. Fr. Davis navigated the intersection of tradition and technology with grace.

We extend our heartfelt thanks to Fr. Davis for his unwavering dedication and for the innovative spirit he brought to Lisie Hospital. We wish him every success and divine blessing in his new appointment as Assistant Director, LF Hospital, Angamaly and Vicar, St George's Church, Parappuram.



Neonatal Resuscitation Program (26 February 2026)



A Hearty Welcome to Our New Joint Director (28 February 2026)



It is with great joy that the Lisie Hospital Family extends a very warm welcome to our newly appointed Joint Director, Rev. Fr. Dr. Varghese Ambalathingal.

Ordained priest for the Major Archdiocese of Ernakulam-Angamaly on 10 September 2011, Fr Varghese served the Archdiocese as Office Secretary to the Cardinal, Vice Rector and Dean of Studies at Sacred Minor Seminary, Thrikkakara, Chief Editor of Light of Truth, and Parish Priest of St Joseph's Church, Thuthiyoor. He holds a Higher Diploma in Biblical-Oriental Sciences and Archaeology from Studium Biblicum Franciscanum, Jerusalem and a Licentiate & PhD in Biblical Theology from Pontifical Urban University, Rome.



A Graceful Welcome to Our New Spiritual Directors (28 February 2026)

It is with a sense of peace and spiritual joy that Lisie Hospital extends a warm and heartfelt welcome to our newly appointed Spiritual Directors, Msgr. Antony Perumayan and Rev. Fr. Joseph Karumathy.

Msgr. Antony Perumayan was ordained a priest on 21 December 1974 for the Major Archdiocese of Ernakulam-Angamaly. He obtained a Master's degree in Commerce from the University of Kerala, a Licentiate and Doctorate in Medical Ethics from the Catholic University of Leuven, Belgium. He also obtained a Master's degree in Moral and Religious Studies from the same University. He served many parishes of the Archdiocese including St. Mary's Forane Church, Mookkannoor, St. Mary's Cathedral Basilica,



Ernakulam, and St. Thomas Forane Church, North Paravur as Vicar. He has also served many prestigious institutions of the Archdiocese like 'Nivedita' at Chunangamvely, 'Naipunya' at Pongam and the Family Apostolate Department of the Archdiocese. He was the first National Coordinator of the Syro-Malabar Catholics in Ireland.

On 19 April 2015, Pope Francis conferred the title of Monsignor on him. In 2022, he was appointed as the Vicar General of the Archdiocese of Ernakulam-Angamaly and was a member of several other official committees of the Archdiocese.

Ordained priest for the Major Archdiocese of Ernakulam-Angamaly on 26 December 1987, Fr Joseph Karumathy served the Archdiocese as Parish Priest of St Sebastian's Church, Annanad; Mary Immaculate Church, Mevelloor; St Thomas Church, Pulluvazhy; St Mary's Forane Church, Mookkannoor; St Mary's Church, Njarackal; and St Dominic Church, Aluva. He has also served as Vice Rector and Spiritual Director of Sacred Heart Minor Seminary, Thrikkakara. He obtained a Master's degree in Spiritual Theology from Dharmaram College, Bangalore and a Diploma in Counselling Psychology from Montfort College, Bangalore.



In an institution dedicated to healing, we recognize that true wellness encompasses the body, mind, and soul. The presence of our Spiritual Directors is a cornerstone of this mission, providing the comfort, guidance, and prayerful support that sustain our patients, their families, and our entire staff.



International Women's Day (08 March 2026)



International Women's Day was celebrated at Lisie on 09 March, 2026, with great enthusiasm under the theme "Give to Gain." The event honoured and appreciated the 78% women workforce who plays a vital role in the institution.

Speakers including Prof. Manju George, Fr. Dr. Paul Karedan, Dr. Hima Mathews P, and Capt. Icy Joseph highlighted the invaluable contribution of women, noting that behind every healing touch at Lisie, there is a woman who cares. Female staff with over 25 years of service were recognised.

The celebration was made lively with a vibrant flash mob by the Pharmacy Department, and the women also enjoyed the chocolates shared.

World Glaucoma Week (13 March 2026)

World Glaucoma Week was observed in Lisie Hospital with various activities from Ophthalmology department. Department of Ophthalmology, Lisie Medicity organised a “ Human Chain “ to spread Glaucoma awareness on 10 March, 2026 from Kaloor bus stand to Lisie junction.



Nursing students and staff from hospital participated in the Human Chain with placards and posters showing glaucoma awareness. Pamphlets on glaucoma and its risk factors were distributed to public along the footpath, in the bus stand and metro station. Dr Latha Mathew addressed the patients on the importance of Glaucoma screening.



Dr Priyanka Shyam gave Glaucoma awareness talk with power point presentation to patients, bystanders and hospital staff on 13 March, 2026. Pamphlets containing glaucoma awareness were distributed to all patients and hospital staff. They mentioned that Glaucoma is an optic neuropathy which steals the patient's sight gradually from periphery to central visual field without any symptoms. Hence it is known as “ Silent thief of sight “. They also mentioned that patients above 40 years, positive family history, diabetes, hypertension, chronic asthma, high myopia, chronic steroid usage or trauma should undergo glaucoma screening to prevent blindness from Glaucoma.

We have also organised free glaucoma screening from March 9 to 31, 2026.



Link Bridge (14 March 2026)



Malayattoor Pilgrimage (16 March 2026)



Social Work Day (17 March 2026)



The Patient Relations Department of Lisie Hospital observed World Social Work Day 2026 with a spirit of compassion, service, and social responsibility.

The observance was inaugurated by Bishop Thomas Chakkiath in the gracious presence of Fr. Varghese Ambalathingal, Joint Director, and Capt. Icy Joseph, Chief Operations Officer.

As part of the celebration, our dedicated social workers, along with Fr. Reju Kannampuzha, Joint Director, and Dr. Melwin, HOD – Critical Care Medicine, reached out beyond hospital walls. They visited House of Providence, Kacheripady and Nirmala Shishu Bhavan, Kaloor, sharing care, support, and moments of joy with the residents.





This day stands as a reminder of the vital role social workers play in building a more caring and inclusive society. Through small acts of kindness, we continue to make a meaningful difference in the lives of many. Together, we care. Together, we uplift.

Medical Camp (22 March 2026)



Medical team from Lisie Hospital, Ernakulam conducted a medical camp at St. Joseph Church, Madical on 22 March, 2026. It was a camp to spread awareness among the community of Madical and surrounding areas. Patients got an opportunity to discuss their medical concerns with doctors of 3 specialities and also received individual medical aid and pharmacy support.

Fire & Safety Class (26-28 March 2026)



From March 26 to March 28, 2026, the Lisie Fire and Safety Department conducted a comprehensive, 3-day mandatory fire safety training program. The initiative aimed to equip all hospital personnel—including Doctors, Nurses, Medical, and Non-Medical staff—with the practical skills required to respond effectively during a fire emergency. A total of 1,159 staff members successfully completed the training.



Medical Camp (18 January 2026)



A medical camp was conducted at the St. Joseph Church at Amalapuram by Lisie Hospital on the 18 January 2026. 117 patients were in attendance and got to discuss in detail their concerns with doctors of oncology and gastroenterology departments. They received a lot of medical advice and guidance on how to deal with common medical problems. The purpose of the camp which was to spread awareness in the Amalapuram area was achieved. 32 patients were also referred for follow up. Medicines also were distributed according to patient needs and doctors advice.

World Health Day (07 April 2026)

World Health Day 2026 was observed on 07 April at Lisie Hospital under the theme “Together for Health. Stand with Science.” The programme began with a prayer song by 7th Semester BSc Nursing students, followed by a welcome address by Ms. Christy Sara (7th Semester). The Presidential Address was delivered by Fr. Varghese Ambalathingal, Joint Director, Lisie Hospital & LMEI. The programme was inaugurated by Rev. Fr. Reju Kannampuzha, Executive Director, Lisie Cancer Centre. The theme was released by Dr. George Paulose, HOD and Senior Consultant, General Medicine.



The keynote speech by Dr. George Xavier Elenjickal highlighted the importance of evidence-based healthcare. Ms. Mary Paulose, Associate Professor, presented “Nursing Voices for Science and Health,” emphasizing the role of nurses in scientific care. A health awareness drama titled “Arivilude Arogyam” (Health Through Knowledge) was performed by students, conveying key health messages effectively. Edwin (7th Semester) won the reel competition, and Sreelakshmi (7th Semester) secured first place in the poster competition. Prizes were distributed by Prof. Dr. Usha Marath, Principal, Lisie College of Nursing. The programme concluded with a vote of thanks by Alisha Abraham (7th Semester) and the Lisie Anthem.



Blessing

Jetstream Atherectomy system (14 January 2026)



Patient Lounge (13 April 2026)



Happy Feast to our Dear Rev. Fr. Davis Padannakkal (20 January 2026)



Happy Feast to our Dear Rev. Fr. Reju Kannampuzha, Rev. Fr. Rojan Nangelimalil & Fr. Joseph Karumathy (19 March 2025)



Lamp Lighting Ceremony (LSON) (19 February 2026)



The Lamp Lighting Ceremony of the 64th Batch of the School of Nursing was held on 19 February 2026 at 10:30 a.m. in the Lisie Auditorium. The programme commenced with a ceremonial procession and prayer, followed by the welcome address delivered by Mrs. Mariya Jose. The inauguration and inaugural address were presided over by Rev. Fr. (Dr.) Paul Karedan,



Director, Lisie Medical and Educational Institutions, and the felicitation was offered by Rev. Fr. Davis Padannakkal, Assistant Director, Lisie Medical and Educational Institutions. The lighting and passing of the lamp were carried out by Rev. Sr. Renjitha CSN, Principal, Lisie School of Nursing, along with Capt. Icy Joseph, Chief Nursing Officer, Lisie Hospital. The pledge was administered



by Mrs. Gladys Thomas. The programme concluded with the vote of thanks proposed by Ms. Anett Jinson, followed by the Lisie Anthem.



Farewell (LSON) (03 March 2026)



The farewell party titled “Despedida” was organized by Lisie School of Nursing on 03 March at 2:00 pm in the Lisie Auditorium to bid farewell to the 61st batch of the School of Nursing. The programme began with the grand entry of the farewell batch, followed by a welcome speech by Megha Joseph, 3rd Year GNM. The felicitation address was delivered by Rev. Fr. Dr. Paul Karedan, Director of Lisie Medical and Educational

Institutions, and the farewell message was given by Rev. Fr. Dr. Varghese Ambalathingal, Joint Director of Lisie Medical and Educational Institutions. Rev. Sr. Renjitha CSN, Principal, School of Nursing, shared her message encouraging the outgoing students in their future endeavors, and various cultural programmes were conducted. The event concluded with the experiences shared by the farewell batch and the vote of thanks by Sander Shibu, 3rd Year GNM.



ASCENDRA (LCON) (28 January 2026)

The Lisie College Of Nursing celebrated ASCENDRA 2K25 - Fresher's day of the 24th Batch of BSc Nursing in the Lisie auditorium at 2pm on 28 January 2026. The programme initiated with a prayer song and Ms. Theresa Thomas, 1st Semester BSc. Nursing welcomed the gathering .



Rev Fr Paul Karedan, Director, Lisie Hospital, Rev Fr Davis Padannakkal, Asst Director, Lisie Medical and Educational Institutions, Prof Dr Usha Marath, Principal, Lisie College Of Nursing graced the occasion with their presence. "Ascendra" which means 'The Rising of Fresh Talent' was presented with vibrant cultural events and first semester



students introduced themselves after each event. Ms. Elizabeth George proposed the word of gratitude which was followed by Lisie Anthem. Faculty, Non teaching staff and Senior students of Lisie College Of Nursing attended the programme. The event came to an end by 4pm.

Oath Ceremony (LCON) (16 February 2026)



Lisie College of Nursing conducted the Oath taking ceremony of 24th Batch B.Sc. Nursing students on 16 February 2026 at 9.30am. The programme started with an invocation by the First semester B.Sc. Nursing students. Mrs. Shiya Jacob, class coordinator of First Semester B.Sc Nursing extended a heart warming welcome to all the honourable dignitaries on the dais and the gathering.

Rev. Fr. (Dr) Paul kareden, Director of Lisie Hospital lighted the inaugural lamp and delivered the inaugural address which mainly focused on the role of the parent hospital in moulding efficient, competent and empathetic nurses for future. The student nurse's oath was led by Prof. Dr. Lissa Peter, Vice Principal of Lisie College of Nursing, with utmost sincerity and determination, the students pledged to uphold the duties and responsibilities entrusted on them. Following the Oath, Rev. Fr Davis Padanakkal, the Asst. Director of Lisie Medical and Educational Institutions felicitated the students to uplift the dignity of the profession. Capt. Icy Joseph, Chief Nursing Officer of Lisie hospital felicitated the student community. Prof. Dr. Lissa Peter, Vice Principal of Lisie College of Nursing addressed the students and emphasized on core concept of nursing values and highlighted



positive attitudes towards the life challenges which is the platform to grow. The programme came to an end by 10:30 am with gratitude by Ms. Annmaria Sebastian followed by Lisie anthem.

Sayonara (LCON) (27 February 2026)

The farewell programme, titled Sayonara 2k26, was organized on 27 February, 2026 to celebrate the four-year journey of the outgoing batch and to wish them success in their future endeavors. The event commenced on a solemn note, setting a respectful and emotional tone for the day. The programme began with a soulful prayer song by students of the 7th semester, seeking blessings for the seniors. Ms. Anaina Rose Sunil (7th Sem) officially welcomed the gathering. Rev. Fr. Dr. Paul Karedan, Director of LMEI, delivered an inspiring message. He emphasized the importance of integrity and lifelong learning as the students step into the professional world. In a symbolic and moving gesture,



Prof. Dr. Usha Marath, Principal, Lisie College of Nursing, led the "Guiding the Flame" ceremony. This tradition represents the passing of knowledge and values. In her address, she encouraged the students to be beacons of light in their respective careers. The programme transitioned into a vibrant celebration of talent and camaraderie. Students from the other four batches put together a series of cultural programmes, including upbeat dance medleys and musical performances, dedicated to the 8th-semester batch. To lighten the atmosphere, the 7th-semester organizers conducted a series of interactive games for the seniors. These moments were filled with laughter and healthy competition. As a token of love, each 8th-semester student was presented with a personalized photo frame, capturing a glimpse of their time on campus. One of the most emotional highlights was the video tribute. It featured a compilation of photos and clips from the past four years, documenting their journey from freshers



to graduates. Following the gift presentation, Ms. Alisha Abraham (7th Sem) raised a heartfelt toast, sharing fond memories and wishing the seniors well. This was followed by a poignant Reply Toast from Ms. Aiswarya Sajeew (8th Sem), who expressed the batch's collective gratitude for the support they received throughout their college journey. The event wrapped up with words of appreciation, Mrs. G Jashmi, Assistant Professor, felicitated the gathering.



She shared fond anecdotes about the batch. Ms. Liya Shaji (7th Sem) expressed gratitude to the management, faculty, and the organizing committee for making the event a grand success. The programme concluded with the spirited singing of the Lisie Anthem, reinforcing the sense of belonging to the institution. Sayonara 2k26 ended on a high note, leaving the 8th-semester students with hearts full of memories and pockets full of dreams.

Anti-Ragging Awareness Class (LCOAHS) (08 January 2026)

An Anti-Ragging Awareness Class was conducted by Lisie College of Allied Health Sciences for students of BSc MLT, BCVT, BSc DT, BSc MIT, DMLT, DOTAT, DDT, DET, DNT, and DCVT 2025 batch on 08 January, 2026, at Lisie Hospital Auditorium.

The session began at 2.30 pm with a welcome address by Ms. Vismaya CR, Assistant Professor, LCOAHS. The guest speaker, Adv. Nelson Joseph, Advocate, High Court, Kerala, shed light on the ethical and social implications of ragging, emphasizing the importance of a safe and respectful academic environment. It was an enlightening and thought-provoking class that informed students that ragging is not a mere violation, but a serious crime with severe consequences. The event concluded with a token of appreciation presented to Adv. Nelson Joseph by Dr. Shabeer S. Iqbal, Principal, LCOAHS, and a vote of thanks by BCVT 2025 student Ms. Asin.



Faculty Development Program (LCOAHS) (20 January 2026)

A Faculty Development Program on Assessment, DOAP, and Lesson Plan was conducted on 20 January 2026, organized by LCOAHS, with the objective of enhancing pedagogical skills and teaching effectiveness. The session was facilitated by Mrs. Sarika S, Associate Professor, and attended by 22 faculty members.

The program covered various forms of Assessment, the role of DOAP (Direct Observation, Assistance and Performance/Feedback) in skill-based education, and strategies for Lesson Planning. Participants gained insights on planning, competency identification, performance evaluation, and preparing structured lesson plans for effective classroom delivery.

The sessions were interactive and concluded with reflections and expressions of gratitude to the resource person.



Graduation Ceremony (LCOAHS) (30 January 2026)

The Graduation Ceremony 2026 of Lisie College of Allied Health Sciences was held on Friday, 30 January 2026, at 11:00 a.m. The programme began with the Academic Procession, followed by the University Anthem. The ceremony was presided over by Rev. Fr. (Dr.) Paul Karedan, Director – LMEI and Chief Executive Trustee of Lisie Hospital. The Chief Guest, Dr. Unnikrishnan V. V., Professor and Director, Academic Staff College, KUHS, graced the occasion. The programme formally commenced with a welcome address delivered by the Principal, Dr. Shabeer S. Iqbal, who warmly welcomed the dignitaries, graduates, faculty members, and guests. The graduation ceremony was officially declared open and inaugurated, followed by the Conferring of Degrees and Medals. The Administration of Oath was conducted by Meria Reji, Senior Lecturer LCOAHS, reaffirming the graduates' commitment to professional ethics. The programme also included felicitation by Rev Fr. Davis Padannakkal and the distribution of the Best Outgoing Student Award by Dr. Babu Francis (Medical Superintendent), Dr Vandana N Iyengar (Senior consultant department of Anaesthesia), Sr. Mercitta (In charge, Department of Laboratory Medicine). An address by the graduates reflected gratitude and aspirations. The ceremony concluded with the Vote of Thanks delivered by Prof. Harikumar J, Vice principal, LCOAHS followed by the National Anthem and Recessional Procession. The event marked a proud and memorable milestone for the graduates of Lisie College of Allied Health Sciences



Student Support & Development Programme (LCOAHS)

Day 01

A Student Support & Development Programme (Session 1) was held on 02 February, 2026, organized by LCOAHS in collaboration with JCI, Cochin. The primary objective was to enhance self-awareness among participants. The session was expertly facilitated by Reshma C J, a Linguistics Expert, and was attended by 92 students from the 2025 Degree and Diploma programs at LCOAHS. The program explored various aspects of self-awareness and included interactive activities and games to engage students effectively. Participants gained valuable insights into planning, competency identification, and performance evaluation. The session concluded with reflections and expressions of gratitude to the resource person.



Day 02

A Student Support and Development Programme (session 2) was organized by Lisie College of Allied Health Sciences, Cochin, in association with JCI, Cochin, on 05 February 2026 at Lisie Auditorium from 1:30 PM to 4:30 PM, with the objective of promoting students' physical well-being and healthy lifestyle practices. The session focused on Physical Health and Life Style and was facilitated by Dr. Akila P. Sreeni, NLP & BLS Trainer, and Mr. Rashid, Multi Sports Coach. The programme highlighted the importance of maintaining physical fitness, adopting healthy daily routines, stress reduction through active living, and awareness of preventive health practices. Students gained valuable insights into lifestyle modification, fitness strategies, and the role of discipline in personal health. The session was interactive and engaging, concluding with feedback from participants and expressions of gratitude to the resource persons.



Day 03

Lisie College of Allied Health Sciences, in association with JCI Cochin, successfully conducted Session 3 of the Student Support and Development Programme on 09 February, 2025.

Theme: Mental Health and Stress Management. The session was powerfully facilitated by Shahidh Mohammed – HRD & Business Coach Faizy Syed Ibrahim – Happiness Coach.

The speakers highlighted the importance of mental well-being, emotional balance, and effective stress management for academic and personal success. Students gained practical strategies to manage stress, overcome anxiety, build self-awareness, and cultivate a positive mindset. The interactive session empowered participants with valuable insights to lead healthier, happier, and more balanced lives.



Day 04

Lisie College of Allied Health Sciences, in association with JCI Cochin, successfully conducted Session 4 of the Student Support and Development Programme on 13 February, 2026.

Theme: Time Management and Productivity, The session was led by- Shaun George – Motivational Speaker, Tahir K M – VP Programmes.

The speakers highlighted the importance of managing time effectively to achieve academic success and personal growth. The session focused on prioritizing tasks, setting realistic goals, avoiding procrastination, and maintaining a healthy work-life balance. The interactive session motivated students to develop disciplined habits and utilize their time more productively for a balanced and successful future. The session concluded with reflections and expressions of gratitude to the resource person.



Day 05

Lisie College of Allied Health Sciences, in association with JCI Cochin, successfully conducted Session 5 of the Student Support and Development Programme on 16 February, 2026.

Theme: Professionalism and Personality Development, The session was led by-Shahid Mohammad – HRD & Business Coach.

The session emphasized the importance of professional behaviour, effective communication, confidence building, and positive attitude for academic and career success. Students gained insights into workplace etiquette, interpersonal skills, and personal growth. The interactive session motivated participants to develop strong professional values and a confident personality.



Day 06

Lisie College of Allied Health Sciences, in association with JCI Cochin, successfully conducted *Session 6* of the Student Support and Development Programme on 16 February, 2026.

Theme: Communication Skills, The session was led by-Dr Akhila – NLP & BLS Trainer.

The session highlighted the importance of effective communication in academic excellence and professional success. Students were guided on verbal and non-verbal communication, active listening, clarity in expression, and building confidence while interacting with others.

The interactive session encouraged participants to enhance their communication abilities and develop stronger interpersonal skills for a successful future.



Anti-Drug Awareness Class Report (LCOAHS) (28 February 2026)

Lisie College of Allied Health Sciences, Ernakulam, conducted an Anti-Drug Awareness Class for the 2025 batch students of BSc MLT, BCVT, DCVT, BSc DT, DMLT, DOTAT, DDT, DET, DNT, and BSc MIT on 28 February at 11 AM at the Lisie Hospital Auditorium.

The program began with a welcome address by Ms. Vismaya C.R., Assistant Professor, LCOAHS. The session was led by Ms. Sethulakshmi T.S., Excise Inspector, Excise Circle Office, Ernakulam, who spoke about the dangers of drug abuse and the importance of awareness among youth. The program was conducted with the support of Dr. Shabeer S. Iqbal, Principal, and Prof. Harikumar J., Vice Principal, who presented a memento to the speaker. A spot slogan competition was also conducted, and BSc DT 2025 batch won the competition. The program concluded with a vote of thanks by Asin (BCVT 2025 batch).



Inauguration Ceremony (LCOP) (19 January 2026)



The inauguration ceremony of the first semester B.Pharm & first-year D.Pharm course for the academic year 2025-2026 was held at the Lisie College of Pharmacy, Lisie Medical and Educational Institutions, on 19 January 2026. The event took place in the college auditorium at 10:00 AM and was inaugurated by Rev. Fr. Dr. Paul Karedan, Chief Executive Trustee of the Lisie Medical and Educational

Institutions, Rev. Fr. Davis Padannakkal, Assistant Director of the institution & Rev. Sr. Delma Rose FCC, Head Hospital Pharmacy, Lisie Hospital felicitated the function. Faculty members & newly admitted B.Pharm and D.Pharm students along with their parents attended the programme.



Field Visit (LCOP) (24 February 2026)

Field Visits by Students of Lisie College of Pharmacy, Central Marine Fisheries Research Institute (CMFRI) -Kochi Seventh semester B.Pharm students conducted a field visit to Central Marine Fisheries Research Institute, Ernakulam on 24 February 2026 as part of the Practice School in Pharmacy (Pharmacognosy domain) accompanied by faculty members Mrs. Mary Sebastian and Ms. Remya Renjith. The session began with an engaging presentation by scientists under the Indian Council of Agricultural Research, offering insights into CMFRI's research and activities. Students also visited CMFRI museum, where preserved marine specimens helped them to understand marine biodiversity and marine research with its relevance in pharmaceuticals.



Field Visit (LCOP) (16 March 2026)

Travancore Cochin Chemicals (TCC) Limited, Udyogamandal, Aluva



As the part of B. Pharm course- Practice school (Pharmaceutical Chemistry domain), students of Seventh Semester B. Pharm visited Travancore Cochin Chemicals (TCC) Limited Udyogamandal, Aluva on 16 March 2026. Experts at TCC explained about the manufacturing process of chemical products such as Hydrochloric acid, Sulphuric acid, Caustic soda, Sodium hypochlorite etc. This was an excellent experience for our students to understand about the industrial scale production of chemicals in detail and the precautions to be taken during manufacturing and handling. Faculty members, Dr. Sony Jacob K and Ms. Roshni P Joseph accompanied the students

Field Visit (LCOP) (18 March 2026)

Kerala Water Authority Water Treatment Plant, Aluva

First-year D. Pharm students of Lisie College of Pharmacy, Kochi visited the Kerala Water Authority Water Treatment Plant, Aluva on 18 March 2026 accompanied by faculty members Dr. John Rajan and Ms. Remya Dev Renjith. Students were able to observe real-time water purification processes such as clarification, filtration, and chlorination, and observed laboratory testing procedures etc. The visit brought classroom concepts to life, enhancing their understanding of public health, sanitation and environmental safety.



Field Visit (LCOP) (27 March 2026)

Kerala State Drugs and Pharmaceuticals Ltd (KSDP), Alappuzha



First-year D. Pharm students of Lisie College of Pharmacy, Kochi visited KSDP Ltd on 27 March 2026 accompanied by faculty members Dr. Githa Elizabeth Mathew and Dr. John Rajan. Students observed the manufacturing processes of different dosage forms such as tablets, capsules, and liquid preparations. The visit also provided insights into formulation aspects such as blending, granulation, compression, and liquid formulation techniques. In addition, students were introduced to testing procedures for raw materials and finished products, emphasizing the importance of quality control and quality assurance in pharmaceutical production.

Field Visit (LCOP) (28 March 2026)

Kerala State Drugs and Pharmaceuticals Ltd (KSDP), Alappuzha

An industrial visit to Kerala State Drugs and Pharmaceuticals Ltd (KSDP), Alappuzha, was organized on 28 March 2026 with the objective of providing academic and practical exposure to students. Students from the Fifth Semester B.Pharm (2023 Batch) participated in the visit, accompanied by Faculty members Dr. JoolyKurien and Mr. Rejin Jose. Mr. Santhosh T.R., Senior Manager, KSDP, provided an informative overview of the organization. Students were permitted to observe the manufacturing processes of different dosage forms, including tablets, capsules, and liquid preparations. The experience effectively complemented classroom learning and provided valuable exposure to real-world practices in formulative pharmacy, thereby helping students develop a better perspective on their future professional roles.





DR. ALEX ROBERT
Junior Consultant
Nephrology



DR. ANTONY JOSE
Junior Consultant
Medical Gastroenterology



DR. PRISTY MOL BIJU
Junior Consultant
General Surgery



DR. RESHMI HARIKUMAR PILLAI
Junior Consultant
Hematology



DR. SANO MALETH ZACHARIAH
Junior Consultant
Critical Care Medicine



DR. SOWMYA SETHUMADHAVAN
Junior Consultant
Plastic and Reconstructive Surgery



DR MAYMOL P VARGHESE
Junior Consultant
Medical Gastroenterology



DR SREEJA SADAN
Junior Consultant
Critical Care Medicine



DR. T S SUMITH
Junior Consultant
Anaesthesia

Farewell greetings to our Beloved



DR.DHEPAK V
Consultant
Anaesthesia



DR. BETTY GEORGE K
Junior Consultant
Pain and Palliative Care



DR. MIRIAM ABRAHAM
Junior Consultant
Ophtalmology



DR. MITU C SHANKAR
Junior Consultant
Physical Medicine And
Rehabilitation



DR.ANNU JACOB
Junior Consultant
Critical Care Medicine



FR. VARGHESE AMBALATHINGAL
Joint Director



FR JOSEPH KARUMATHY
Spiritual Director (LCC)



MSGR. ANTONY PERUMAYAN
Spiritual Director (LMC)



SR CIBY KURIAN
Front Office - LMC



SR. BISSYMOL THOMAS
Nursing



SR. ELIZABATH MISNA VIVERA
Nursing

Farewell greetings to our Beloved



FR. DAVIS PADANNAKKAL
Asst. Director



FR. JETTO THOTTUNGAL
Asst. Director



SR MARIA BABY
Dr General Medicine

Health Awareness Days

April

- 07. World Health Day
- 17. World Haemophilia Day
- 19. World Liver Day
- 22. Earth Day
- 25. World Malaria Day

May

- 06. World Asthma Day
- 08. World Red Cross Day
- 09. World Thalassaemia Day
- 12. World Chronic Fatigue Syndrome Awareness Day
- 12. International Nurses day
- 19. World Hepatitis Day
- 28. International Women's Health Day
- 31. World no tobacco Day

June

- 05. World Environment Day
- 08. World Brain Tumor Day
- 14. World Blood Donation Day

വിവിധ ചികിത്സാ വിഭാഗങ്ങളും ഒ. പി. ദിവസങ്ങളും

ജനറൽ മെഡിസിൻ

Table with 3 columns: Doctor Name, Department, and Appointment Day. Includes Dr. S. K. Joseph, Dr. K. G. George, etc.

Table with 3 columns: Doctor Name, Department, and Appointment Day. Includes Dr. S. Anand, Dr. P. S. Anand, etc.

Table with 3 columns: Doctor Name, Department, and Appointment Day. Includes Dr. S. Anand, Dr. P. S. Anand, etc.

ഡയബറ്റോളജി വിഭാഗം (പ്രമോദ രോഗ ചികിത്സാ വിഭാഗം)

Table with 3 columns: Doctor Name, Department, and Appointment Day.

റവ്മറ്റോളജി വിഭാഗം

Table with 3 columns: Doctor Name, Department, and Appointment Day.

ജനറൽ സർജറി വിഭാഗം (ശസ്ത്രക്രിയ വിഭാഗം)

Table with 3 columns: Doctor Name, Department, and Appointment Day.

ശിശുരോഗ ശസ്ത്രക്രിയ

Table with 3 columns: Doctor Name, Department, and Appointment Day.

പ്ലാസ്റ്റിക് സർജറി & പുനർനിർമ്മാണ ശസ്ത്രക്രിയ

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ഡെർമറ്റോളജി (തൃക്ക് രോഗ വിഭാഗം)

Table with 3 columns: Doctor Name, Department, and Appointment Day.

ഓഫ്താൽമോളജി (ന്ദ്രേത രോഗ വിഭാഗം)

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ഇ-എൻ.ടി. (ഓ.പി. മൂക്ക്, തൊണ്ട വിഭാഗം)

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ഓർത്തോപീഡിയോളജി (അസ്ഥി രോഗ വിഭാഗം)

Table with 3 columns: Doctor Name, Department, and Appointment Day.

വൈകുറ്റാടി (മാതൃസിക രോഗ വിഭാഗം)

Table with 3 columns: Doctor Name, Department, and Appointment Day.

ഗ്യാസ്ട്രോ എന്ററോളജി (ഉദര രോഗ വിഭാഗം)

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പീഡിയാട്രിക് ഗ്യാസ്ട്രോഎന്ററോളജി (കുട്ടികളുടെ ഉദര രോഗ വിഭാഗം)

Table with 3 columns: Doctor Name, Department, and Appointment Day.

ഇന്റീവെൻഷണൽ റേഡിയോളജി

Table with 3 columns: Doctor Name, Department, and Appointment Day.

ഗ്യാസ്ട്രോ ഇന്റർസീസ് സർജറി വിഭാഗം

Table with 3 columns: Doctor Name, Department, and Appointment Day.

നെഫ്രോളജി (വൃക്ക രോഗ വിഭാഗം)

Table with 3 columns: Doctor Name, Department, and Appointment Day.

തൂറ്റോളജി (മസ്തിഷക രോഗ വിഭാഗം)

Table with 3 columns: Doctor Name, Department, and Appointment Day.

തൂറ്റോ സർജറി (മസ്തിഷക രോഗ വിഭാഗം)

Table with 3 columns: Doctor Name, Department, and Appointment Day.

ഡയബറ്റോളജി വിഭാഗം (പ്രമോദ രോഗ ചികിത്സാ വിഭാഗം)

Table with 3 columns: Doctor Name, Department, and Appointment Day.

റവ്മറ്റോളജി വിഭാഗം (രക്ത രോഗ വിഭാഗം)

Table with 3 columns: Doctor Name, Department, and Appointment Day.

ജനറൽ ഓങ്കോളജി വിഭാഗം

Table with 3 columns: Doctor Name, Department, and Appointment Day.

സർജിക്കൽ ഓങ്കോളജി വിഭാഗം

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റേഡിയേഷൻ ഓങ്കോളജി വിഭാഗം

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ഓഫ്താൽമോളജി വിഭാഗം

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പീഡിയാട്രിക്സ് & നിയോനോളജി വിഭാഗം (ശിശുരോഗ വിഭാഗം)

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പെഡിൻ ആൻഡ് പാലിയേറ്റീവ് വിഭാഗം

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തൈതക്കോളജി വിഭാഗം

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ഓക്യാട്രിക് മെഡിസിൻ

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ഡയബറ്റിക് ഹൃദയ് & പൊടിയോടി

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സ്ത്രീകളുടെ മെഡിസിൻ & മോളിക്യൂലർ ഇമ്യൂണിറ്റി

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കാർഡിയോളജി (ഹൃദയരോഗ വിഭാഗം) Booking No. 0484 2401821

Table with 3 columns: Doctor Name, Department, and Appointment Day.

ഇലക്ട്രോ ഫിസിയോളജി

Table with 3 columns: Doctor Name, Department, and Appointment Day.

കാർഡിയോളജി സർജറി

Table with 3 columns: Doctor Name, Department, and Appointment Day.

പീഡിയാട്രിക് കാർഡിയോളജി

Table with 3 columns: Doctor Name, Department, and Appointment Day.

Advance Booking Numbers

For Doctors' Appointment: 0484 2402044, 0484 6155555 (24X7), 0484 2401141 (7.00 am to 6.30 pm)
For Cardiology / Cardiothoracic doctors: 0484 2401821, 0484 2755305 (8.00 am to 4.00 pm)
Health Checkup: 0484 2755099 (7.00 am to 4.30 pm), 94977713386 (24X7)
Radiology: 0484 2755200, 0484 2755395 (9.00 am to 6.00 pm)

For Information

Cardiology: 0484 2401821, 0484 2755305 (8.00 am to 4.00 pm)
Cardiothoracic: 9446037302
General Information: 0484 2402044 (24X7)
Emergency Dept & Ambulance: 0484 2755301, 9895756164 (24X7)
Cashless Insurance: 0484 2755386, 0484 2755306 (8.30 am to 5.30 pm)
Gynaecology Emergency: 0484 2755151 (24X7)